



**North Carolina**  
Total Retirement Plans  
401k | 457



*Dale R. Folwell, CPA*  
STATE TREASURER OF NORTH CAROLINA  
DALE R. FOLWELL, CPA

## Communication Highlights: Q1 2023

- Employer contribution outreach
- Signature Newsletter
- Beneficiaries choosing beneficiaries participant campaign
- SECURE 2.0
- Virtual engagement (social, webinars)
- Ongoing rebranding
- Empower platform migration



**North Carolina**  
Total Retirement Plans  
401k | 457



*Dale R. Folwell, CPA*  
STATE TREASURER OF NORTH CAROLINA  
DALE R. FOLWELL, CPA



**Beneficiaries can elect a beneficiary**

**SECURE 2.0**

North Carolina Total Retirement Plans 401k | 457

*Dale R. Folwell, CPA*  
STATE TREASURER OF NORTH CAROLINA  
DALE R. FOLWELL, CPA

*Signature*  
NEWSLETTER

North Carolina Total Retirement Plans 401k | 457

*Dale R. Folwell, CPA*  
STATE TREASURER OF NORTH CAROLINA  
DALE R. FOLWELL, CPA

1<sup>ST</sup> QUARTER 2023

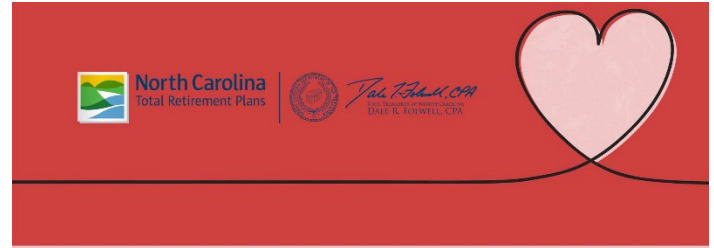
### A Message from Treasurer Dale R. Folwell, CPA



As a member of the North Carolina Retirement Systems, you experience milestone moments throughout your career. Your first day of service leads to becoming vested and then you are counting down the years to retirement. And, from day one, you have the opportunity to invest and supplement your pension benefit with additional retirement income through the low-cost NC 401(k) and NC 457 Plans.

The good news is that with the NC Supplemental Retirement Plans, you do not need to be an expert to invest in your future. GoalMaker® is an optional asset allocation program that automatically allocates funds based on risk and age, up to and even through your retirement. The Retirement Income Calculator provides visual motivation and shows exactly where you stand as you work toward your retirement summit.

A team of dedicated counselors is available to meet one-on-one to review your unique situation so you can decide what you



### Give Your Future Self Some Love

The **best is yet to come** and now is the time to show some love to your retirement. Register to attend one of the **myNCRetirement webinars** and learn about your benefits and the strong foundation of your potential benefit. **Enroll in the NC Supplemental Retirement Plans** (NC 401(k) and/or NC 457 Plans). Start now or increase your contributions. Even the smallest amount can go a long way towards you reaching the retirement you envision. And your employer may even offer a match!

<https://inyurl.com/myNCRetirement-webinar> <http://mynrcplans.com/enrollment.html>



### Love Your Legacy

Make a date to **review your beneficiaries** on all of your eligible accounts - from the NC Pension to your NC Supplemental Retirement Plan(s), NC Flex benefits, personal banking and everything in between. We recommend you **check your beneficiary elections at least once a year** or when you have a life changing event.



### Write Yourself a Love Letter

**Write it down.** Where do you want to be in retirement and what do you want to do? This will **create a foundation** for you to see where you are now and how you need to adjust to **be financially secure**. You can refer to this letter as you move forward, **building your road to retirement**.

**March 7**  
**2:00pm**

### Employer Webinar

NC 401(k) and NC 457  
Employer Corner

### Employer Webinar

NC 401(k) and NC 457  
Sponsor Center Website Training



**March 16**  
**2:00pm**



Financial Tools of the  
NC 401(k) and NC 457 Plans

**March 22**  
**11:30am**

**March 21**  
**4:00pm**



NC 401(k) and NC 457 Plans  
Roadmap to Retirement

**March 23**  
**6:00pm**



K-12 School Systems  
NC 401(k) and NC 457 Plans