

Dial 919-814-4590

Welcome to the North Carolina Retirement Systems. Please listen carefully as our menu options have changed.

Press 1	if you need assistance with ORBIT website
Press 2	if you are a current or former teacher, state, county or local municipality employee OR if you are an employer calling with a member
Press 3	to report a member death
Press 4	to inquire abut a decesed member's benefits
Press 5	for the NC Firefighters' & Rescue Squad Workers' Pension Fund, National Guard Pension Fund or elected officials' pension fund
Press 6	for the Employer Reporting Department
Press 7	if you are unsure which option to select
Press 8	repeat the menu

Continue with the verification process, then

Press 1	if you need assistance with ORBIT website
Press 2	for account balance and years of service information
Press 3	if you are close to retirement and would like to speak with a counselor regarding your options
Press 4	for Disability questions or information about your Disability application
Press 5	to request a form or hear contact information
Press 6	for all other requests